



ADULT STROKES CLINIC

Beach City Tennis Academy provides Adult Beginner Tennis instruction through the community classes in Santa Monica and Manhattan Beach. "Strokes" enables players who have little or no previous knowledge of the sport to be able to learn foundational techniques and proper form in a large group environment.

Students will be exposed to the forehand, backhand, serve, proper grips, footwork, and conventional techniques for groundstrokes, net play, and serves. In addition, players will focus on learning basic court positioning and how to keep score in a tennis match. Typically, the student to coach ratios average between 8-10 players but never less than 6 per class.

Strokes is the most cost-effective way to learn the basics while having fun and start playing tennis. Classes are taught by an Elite USPTA certified coach. Beginners get the benefit of learning and playing with players of a similar skill level. The classes are social and allow students to get together with other players. We encourage family and friends to join the same classes. All of the adult classes are co-ed, have no physical limitations, and designed for players 18+ years of age.

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