



## TWEEN STROKES CLINIC

Beach City Tennis Academy provides Junior Beginner Tennis instruction through the community classes in Santa Monica and Manhattan Beach. "Tween Strokes" enables players who have little or no previous knowledge of the sport to be able to learn foundational techniques and proper form in a large group environment. Tween Stokes is available to ages 11-14 years old.

Students will be exposed to the forehand, backhand, serve, proper grips, footwork, and conventional techniques for groundstrokes, net play, and serves. In addition, players will focus on learning basic court positioning and how to keep score in a tennis match. Typically, the student to coach ratios average between 8-10 players but never less than 6 per class.

Tween Strokes is a cost-effective way to learn the basics while having fun and start playing tennis. Classes are taught by an Elite USPTA certified coach. Beginners get the benefit of learning and playing with players of a similar skill level. The classes are social and allow students to get together with other players. We encourage family siblings and friends to join the same classes. All of the Tween Strokes classes are co-ed, have no physical limitations, and are perfect for those players who are new to the game.

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