



JUNIOR LIVEBALL CLINICS

Beach City Tennis Academy offers Intermediate (NTRP 2.5-3.5) Co-ed LiveBall Clinics exclusively for ages 14-17. Live Ball is a cross between cardio/aerobic exercise through a series of “King of Court” teamwork games. Players can expect a continuous, doubles point strategies with fast paced movements with a new partner constantly changing. Liveball gives players a lot of net game action with lobs, volleys, overheads, and passing shots. LiveBall is a great way to play tennis with others year-round, or in the Jr. Varsity and Varsity off-season.

There are four players in the point at any one time—two on the champion side, two on the challenger side. The Tennis Professional feeds the ball and begins the point by putting a ball in play, alternating between each of the two challengers. To dethrone the champions, the challengers need to win four points. To fend off the challengers, the champions just need to win two. Each time players rotate in they face a different opponent and see different styles of play.

We limit our player ratios to 8 people to 1 coach, allowing less down time so everybody has a chance to stay involved the entire 60-minute session. This is a very social Tennis Clinic and often becomes additive where tennis junkies replace other fitness routines and instead come out for Liveball multiple times a week. It’s simply one of the most fun and engaging tennis clinics out there.

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