



ADULT BEGINNER CLINICS

The academy based introductory clinics are designed for students with little or no previous tennis instruction. Students will be exposed to the forehand, backhand, serve, and basic vocabulary. Class goal: maintain a six-to-ten shot "short court" rally and serve an average of 1 out of 3 balls into the correct service box.

The Beginner Clinic is mainly focused on instruction and includes proper grips, footwork, and conventional techniques for groundstrokes, net play, and serves. You will learn basic court positioning and how to keep score in a tennis match.

These clinics are a fun way to start playing and/or improve your tennis by taking group instruction from our certified coaches and mixing in with players of a similar skill level. Get together with other players and enjoy the benefits of smaller and more focused group instruction to that of our community classes, at a price that is still affordable for everyone. We cap the headcount in our beginner clinics to a maximum of 6 players to insure quality control.

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