



## BIG HITTER CLINICS

The Intermediate clinic is perfect for developing skill levels for Junior players ages 11-14. The 60-minute sessions prepare players for Junior Varsity Team Tennis. The clinics focus on competitive players who have demonstrated clean strokes and are wanting to perfect strategy and progressions in a high impact atmosphere going from defense to offense, attacking the net, and putting those short balls away.

Juniors will receive warm up drills followed cardio training and games. Clinic sizes range from 4-6 players on average to eliminate any down time in line and maximize the hitting time. Players will develop more power and ball speed with an emphasis on control and technique. Once a junior has demonstrated that he/she has mastered these skills they can advance to our Grand Slam Clinics.

We encourage our Junior Players that participate in our Big Hitter Clinics to compete in USTA tournaments and start to build their ranking as this will be important for when they move to our advanced clinics. There is an opportunity for college scholarships for top ranking Juniors through the USTA as well as joining Varsity Team Tennis in the future.

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